



Stina Spiegelberg

2010 Stina Spiegelberg founded one of the first vegan food blogs in Germany with a passion for organic foods and yoga.

TV - CHEF
AUTHOR
V - COACH

WOW

As one of the youngest award winners, she was honored with the progress award by PeTA and awarded by the UNESCO in their campaign Ideen. Initiative. Zukunft.

Stina is an author of 8 cookbooks and known as a TV chef in German television. 2016 she co-founded the Plant Based Institute, 2018 Mindful Women.

SKILLS

vegan chef and pâtissière, coach and speaker, recipe developer & photographer.

REFERENCE

ProVeg

Messe Stuttgart Rapunzel Naturkost
BKK Provita Sonnentor LOVJOI Sili-
komart ECOVER uvm.





Stina Spiegelberg

„Scene star“

Stuttgarter Zeitung

„Germany's vegan baking queen.“

Bild der Frau

„Vegan Queen“

OK! Magazine



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