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Stina Spiegelberg

+ Media

Kit +



About Stina

Stina Spiegelberg is a vegan TV chef and author of 8 cookbooks. She engages in a better education of plant based foods for professionals and private individuals. With her award-winning blog she inspires readers all around the world. Stina passionately promotes a healthier lifestyle with kids supporting the UN-awarded "Aktion Pflanzenpower". Find out more on www.stinaspiegelberg.com.

Stina Spiegelberg

Available for

Showcoking
Recipe development
Ambassadorship
Social media collaborations
for organic, vegan & sustainable brands

Contact

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Social Statistics

Stina Spiegelberg



24,7k

Instagram Followers
@stinaspiegelberg

1,5–2,5k

Instagram Story Views
@stinaspiegelberg

13,8k

Facebook Followers
@veganpassion

60–100k

Blog Views per month
www.stinaspiegelberg.com

ABM Audience

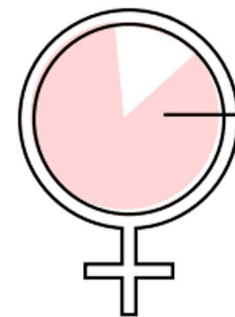


EDUCATION

70% has
a college
degree
or higher



GENDER



85%
female

AGE

86%
between
18-44

